

If you believe that Life means,
Energy*Ecstasy*Existence;
 Just embrace it!



Mission Immortality

its all about life...

Mission Immortality [MI-SKY] Shakti Kriya



Agni Kriya: A renaissance of the science that had lighted the yajnas (fires) of the Vedic mystics; a path that reveals the meaning of 'agnishomatkam jagat' (all world is essentially fire and nectar); a powerful way to light up the inner fire (yogagni) in man. Fire is central to all spiritual paths be it that of the rishis, siddhas, mystics with dhunis, or the Tibetan tumo practitioners. Fire is the key to health and longevity. Agni Kriya Yoga is a way wherein the 'science of fire' is brought into the domain of the common man.

SSKY comprises of 7 stages which involves various esoteric practices viz. Khechari, Shambhawi, Nauli, Kriya Kundalini Pranayama etc. The third stage culminates in the attainment of a completely healthy state of physical existence.

The Seventh stage is proposed to culminate in the advent of the Superhuman consciousness. However, SSKY is not Sun Bathing, Sun Gazing or a form of Sun Salutation. It is purely a meditative technique based on Sun.

This Mission is all about Living In Full Enjoyment i.e. with Energy, Ecstasy and Existence! We know that our existence expands over different realms: the hard and tangible Physical, the flowing Pranic, the vastly expansive Mental, and the esoteric Spiritual. All of them are intimate parts of our being; and Life (Energy, Ecstasy, Existence) should expand over them all! This mission offers us a well-researched, methodological way to cater to such an objective. These seeds of timeless wisdom-tree come to us, having flowered on the researching-field of Swami Buddhuri ji's life. Energy, Ecstasy and Existence come knocking, attired in a form that is Shakti Kriya Yoga – a way of life, and interspersed with independent yet deeply interlinked kriyas.



Siddhamrita Surya Kriya: there are two paths to awakening, of ascent and descent. Ascent is challenging and requires supreme efforts: for e.g. traditional pranayama involves purification of body-sheaths, gathering within (step per step) the life-force and then raising it into the brain. Siddhamrita Surya Kriya, like 'grace' is a path of descent - easier and supremely more fruitful. The life-force is channelled into the brain, from the readily available source, the sun. It descends, purifying and vitalising all aspects of our being in the process. The work is done by the sun, all we have to learn is to channelize it within. A jewel kriya for the present times, as it utilizes the best asset of man today: the brain (the root of the body-tree); shared with almost 90,000 practitioners in last 6 years to avail almost miraculous results in bringing a sense of well-being, treatment of many serious diseases and spiritual evolution.

Yoga



Sanjivani Prana Kriya or literally 'the life-giving technique'; wherein we relearn to breathe like a baby, from the depths of our navel, vibrating and energizing the very constituents of our being; this kriya, attired in a form that is conducive to suit the needs of almost everybody. It works by combining breathing techniques with special stretches. Unlike other forms of exercise, it represents a method focused on improving the pranic flow throughout the body that helps in detoxifying the whole system and strengthen it simultaneously.

Mission Immortality aims at the advent of superhumans through the unfoldment of the inner potential latent in Man. It seeks to expand the spiritual experience from the level of mind to an extent that God, the primal force is manifested to the level of the physical world within the grasp of the senses. Mission Immortality is not an individual aspiration but seeks to uplift the creation as a whole. It is our next level in evolution.



Swami Buddha Puri Ji, an M.Tech. (1972) is acknowledged for bringing a scientific outlook to spirituality. After teaching for a couple of years he renounced the world to live at the feet of his Spiritual Master learning the Vedas and other scriptures for the next 12

years. His experiments with Karma, Jnana, Raja, Bhakti etc. purified his mind thoroughly and in one of his meditations brought the first, definitive, direct experience of the Divine (Samadhi). Persisting in his research of the inner path, he got the inspiration that the goal was rather to manifest the Divine to the material plane of existence and not mere his experience in Samadhi. So the Divine itself would manifest to thrust the process of evolution. The practitioner himself would be completely merged into the Divine to an extent that the Divine will shine in his physical body. This path has brought him victory over hunger, thirst and sleep. Today, a complete outline of this path of Mahayoga has been prepared, and the advent of SSKY has made this impossible fantasy, a probability in the future.

Swami Suryendu Puri, a young and energetic Software Engineer of past left his promising career to earn the real wealth of divine bliss. He is a part of SSKY from the very beginning and is propagating it across all the boundaries for the benefit of one and all.



Sadhvi Yoganjali Chaitanya left her home at a tender age and educated herself in different schools of yoga under the able guidance of Swami Buddha Puri Ji. An adept of various popular and secret practices She is a living inspiration and a compassionate guide.



Shabda Surati Sangam Ashram is a research ground where the hidden secrets of Mahayoga are researched, applied and made available to the general masses. It is a non-profit organization and does not profess allegiance to any religion but respects people from all walks of life, sects and creeds. Aspirants, seeking solitude are welcome to visit at any time of the year. At times, Kriya Yoga Initiations take place, which is the first step to the inner discovery. Food, Lodging, Guidance & all services are offered free of cost. Lectures & Workshops are conducted on demand for free in various part of India and abroad by Swami Suryendu Puri & Sadhvi Yoganjali Chaitanya.



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